

Useful Information & Telephone Numbers

R2R Chair Assistant: Elaine Mellers
Tel: 07901 387643

R2R Volunteer Coordinator: Helen Tucker
Tel: 07751 251268

Bournemouth & Poole Rough Sleepers Team: St Mungo's
Tel: 01202 315962 (answerphone for messages when closed)

CAB (Citizens Advice Bureau): Dorset Adviceline
Tel: 03442 451291 (10:00am-4:00pm)

EDAS (Essential Drugs & Alcohol Services)
56 Ashley Road, Parkstone
Tel: 01202 733322

Poole Adult Social Care Services: Civic Centre Annexe
Tel: 01202 633902

Poole CMHT (Community Mental Health Team)
Alderney Community Hospital
Tel: 01202 305062

Poole Food Bank: Longfleet United Reformed Church
Tuesdays-Fridays: 9:30am-12:30pm

Poole Housing Options & Advice: Civic Centre
Tel: 01202 633804

SMART (Substance Misuse Assessment and Referral Team)
54a Ashley Road Road, Poole BH14 9BN
Tel: 01202 735777

Streetlink: if you see someone sleeping rough in the community
Tel: 0300 5000 914 (information will be passed on to the relevant agency)



Charity No. 1155945

Routes to Roots (Poole) CIO
Office c/o Skinner St URC
Poole BH15 1RQ
Tel: 01202 667880
Email: office@routestoroots.org

Patron: *The Right Reverend Karen Gorham, Bishop of Sherborne*

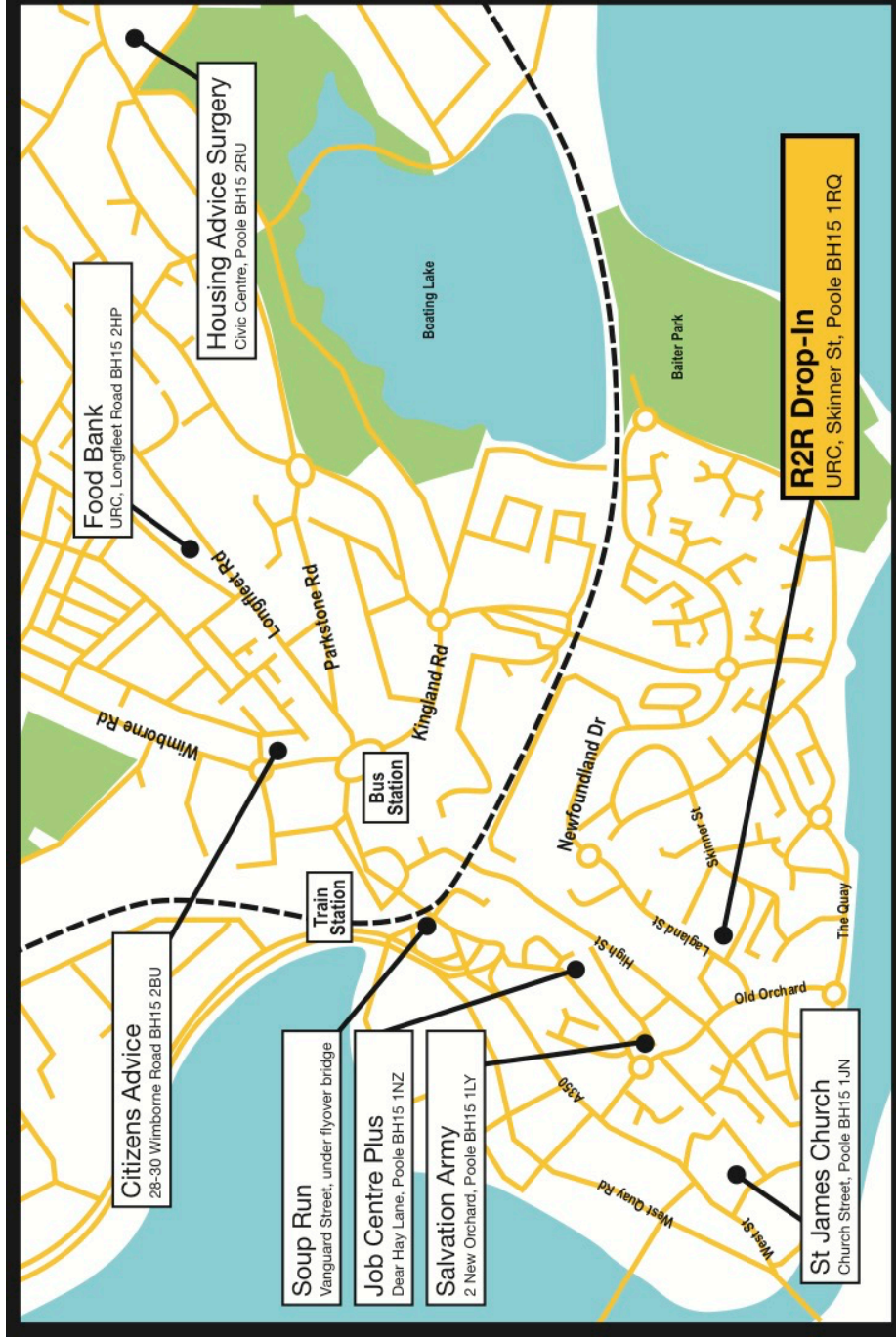


**HELP FOR THE
HOMELESS
& VULNERABLY
HOUSED IN
POOLE**

R2R offers a range of services

- Three afternoon drop-ins with light lunch
- Two evening drop-ins with cooked meal
- Fortnightly Sunday afternoon drop-ins
- Wellbeing and Outreach services via drop-ins including Rough sleeper team, EDAS, CMHT, Housing, CAB and Health check-ups
- For rough sleepers, breakfast vouchers from November to March
- One to one support for benefit claims, calls to agencies, doctors, landlords, etc
- One to one professional counselling
- Referrals to other agencies
- Postal care-of address
- Access to landline telephone
- Shower, Chiropodist & Haircut services
- Clothing
- Toiletries
- Sleeping bags
- Projects: indoor and outdoor activities

February 2019



MONDAY	12:00-3:00pm 8:30pm	R2R Afternoon drop-in at Skinner St URC: Showers and Rough Sleeper Team Soup Run under the arch at Towngate Flyover, Vanguard Rd
TUESDAY	7:30-9:00pm	R2R Evening drop-in at Skinner St URC: EDAS outreach
WEDNESDAY	12:00-3:00pm 8:30pm	R2R Afternoon drop-in at Skinner St URC: Showers, CMHT Nurse, Homeless Health Nurse, EDAS and referrals to SMART Soup Run under the arch at Towngate Flyover, Vanguard Rd
<i>Fourth Wednesday of the month</i>	6:00-8:00pm	Evening meal at St John's Church, Ashley Road (opp. Waitrose)
THURSDAY	12:00-3:00pm 8:30pm	R2R Afternoon drop-in at Skinner St URC: Showers and Poole Housing Advisors Soup Run under the arch at Towngate Flyover, Vanguard Rd
FRIDAY	10:00-11:15am 7:30-9:00pm	Breakfast and Showers at Salvation Army, New Orchard R2R Evening drop-in at Skinner St URC: Chiropodist on last Friday of month
SATURDAY	8:30pm	Soup Run under the arch at Towngate Flyover, Vanguard Rd
SUNDAY	8:30pm	Soup Run under the arch at Towngate Flyover, Vanguard Rd
<i>First & Third Sundays of the month</i>	1.30-2.30pm	R2R Sunday lunch from local churches at Skinner St URC