

Charity No. 1155945

www.routestoroots.org

'See I Am Doing A New Thing. Do You Not Perceive It?' *Isaiah 43:19*

R2R has come through a time of many changes over the last few months, but for us change has brought about not uncertainty but opportunity! Changes have come about for a number of reasons including the departure of our much-loved Administrator. Then, there was the acquisition of our new property and the realisation that we needed to generate much more funding to enable us to support not only Amos House but also all the other important services we now provide.

In order to find that funding, we took the bold decision to change Gabi's role so that she could put all her expertise into fundraising, and we are already beginning to see the benefits of this. However, we then had to find someone capable of assisting me in the administration of our charity and coordinating our volunteers. Our prayers were answered when we found just the person we were looking for, who just happened to be looking to come and join us! (*see page 2*)

Becoming social landlords for the first time was risky and a steep learning curve but it was worth it because it gave us the opportunity to take three people off the

streets and give them not just a roof over their heads but fully supported housing! After several months I am proud to say they are still there and doing well.

Last, but not least, our afternoon drop-ins have become a place where we offer so much more than just beans on toast! We are not professionals but at our drop-ins we can provide those who are professionals an opportunity to come and offer essential services such as, needle exchange, blood tests, vaccinations, a CMH nurse, help and advice from CAB, and most recent of all a hairdresser. It's amazing, just how amazing it can feel, to have a wash and hair cut.

Through the prophet Isaiah God says: "See I am doing a new thing, do you not perceive it?" I hope you can perceive that through us, God is doing a new thing for the homeless in Poole. If you feel inspired, please come and join us and make a change. In Routes to Roots our hope is always in God and God's hope is always in us!

The Revd Pat Southgate, Chair of Routes to Roots and Chaplain to the Homeless in Poole

New Membership Form - INSIDE!

- *New subscribers, please complete the new form.*
- *If you are renewing membership and paying by cheque/cash, please complete the new form.*
- *If you have an existing Standing Order, no need to complete the new form unless your circumstances have changed and you are no longer eligible to gift aid your membership/donation.*

Membership year is from 1 April.

Routes to Roots AGM

Thursday 13 October
7.30pm
Skinner Street URC
Main Church

Followed by refreshments

To donate to Routes to Roots, text **RTOR42 £2** (£5 / £10 / £££) to **70070**

or donate online at: <https://mydonate.bt.com/charities/routestoroots-poolocio>

Like Routes to Roots on FaceBook at: <http://www.facebook.com/RoutestoRootsHomeless>



WELCOME TO ELAINE



Elaine Mellers has joined us as Assistant to the Chair and Volunteer Co-Ordinator. Elaine has been Churchwarden of St. John's Broadstone since 2011 and is an active volunteer, mentoring young adults at local schools. She joins us from Barclays Bank where she was a Manager in the IT development. She is married to Gez and has two grown-up daughters.

Elaine will assist the Board in the administration of the charity, including correspondence, membership and financial records, and co-ordinate our volunteers and Drop-ins. Elaine will work part-time and can be contacted on: 07901 387643 or office@routestoroots.org



BOARD OF TRUSTEES

CHAIR & TRUSTEE	Revd Pat Southgate
TRUSTEE	Gabi Sanger-Stevens
TRUSTEE	Kate Mellor
TRUSTEE	Iain Scott

HON TREASURER	Dean Whale
HON SECRETARY	Marilyn Latcham
PUBLICITY	Susan Gittins

CHAIR ASST/VOL CO-ORD	Elaine Mellers
AMOS HOUSE	Peter Newman
PROJECT SERVICES	Germann Keeling Ltd

Routes to Roots (Poole) CIO
R2R Office, Skinner Street URC, Poole BH15 1RQ
Tel: 07901 387643 / 01202 667880
office@routestoroots.org
www.routestoroots.org

Patron: The Right Reverend Karen Gorham, Bishop of Sherborne

OUR SUPPORTERS



Founded on Christian principles, Routes to Roots seeks to help all homeless and vulnerably housed people in Poole regardless of their faith. At four drop-ins R2R provides basic necessities, such as hot food, clothing and sleeping bags, and offers indoor and outdoor motivational activities, which aim to boost self-confidence and develop skills. In addition, internet and telephone facilities, 'care of address' and one-to-one support, guidance and information are provided. From November 2015 Routes to Roots has provided supported accommodation to three of Poole's homeless.

...and many Churches, Christian groups and Businesses in Poole and the surrounding area.

KEY SERVICES: STATISTICS



ALL R2R DROP-INS, JANUARY - MAY 2016

	Jan	Feb	Mar	Apr	May	Total 2016	Total 2015
Total attending	66	62	71	70	74	147	152
No. of individuals	66	85	114	130	147		
Total afternoon meals	128	135	134	123	87	607	606
Total evening meals	159	137	145	163	178	782	896



Overall we have a 3% decrease in the number of people attending the drop-ins in comparison to this time last year. Total afternoon attendances remain broadly in line with 2015 but evening attendances show a sharp decline of 13% against this time last year.

The afternoon sessions are being well attended in part as a result of the access to the various services that we are now able to provide: PACT harm minimisation clinic and needle exchange, Mental Health Nurse access and Citizens' Advice services. We are now able to increase the attendance of PACT to every Monday which will help clients even further.

We are also now offering access to Hairdressing on Mondays through one of our new volunteers.

BIG BREAKFAST <i>With thanks to The Fisherman's Café</i>	December-March (18 weeks)	Increase over 2014-15 (18 weeks)
Number of breakfasts claimed	901	19%
Number of individuals served	52	11%
Average number of clients per week	14	8%

Breakfast provision continues to be an extremely important part of our outreach work to rough sleepers for six days a week (Friday breakfast is provided by the Salvation Army). This year we have seen a rise in the numbers accessing this service and in the number of breakfasts claimed. We know that homelessness is an issue across the country and Poole is no exception to the ever-increasing numbers who find themselves without permanent accommodation. Whilst we are now just beginning to enjoy Summer, Routes to Roots is already looking ahead and we aim to continue to provide this very much needed service to our rough sleepers again this coming Winter.



THANK YOU TO OUR CORPORATE SUPPORTERS



Routes to Roots has received a £500 donation from Sunseeker International Ltd. This money was raised through staff purchases of packaging materials. Sunseeker make available to staff packaging such as huge pallets, made of large beams, that come in carrying engines. Staff are able to purchase these and the money is saved until it reaches £500 (a couple of times a year) when it is donated to whichever cause is next on their list of local charities that have been suggested by employees. The cheque was presented to us by Deborah Field in June.
www.sunseeker.com

Longterm R2R supporter Highworth Insurance has decided to collect for us once a month on their dress-down day, resulting in a first donation of £125. Many thanks to all the staff there.
www.highworthinsurance.co.uk

Many thanks to Deli on the Quay who have donated £350 to R2R after a highly successful quiz night. This goodly sum was raised from quiz entry fees, raffle takings and, thanks to owners Toby and Lesley Chapman, profits from the bar.
www.delionthequay.com/

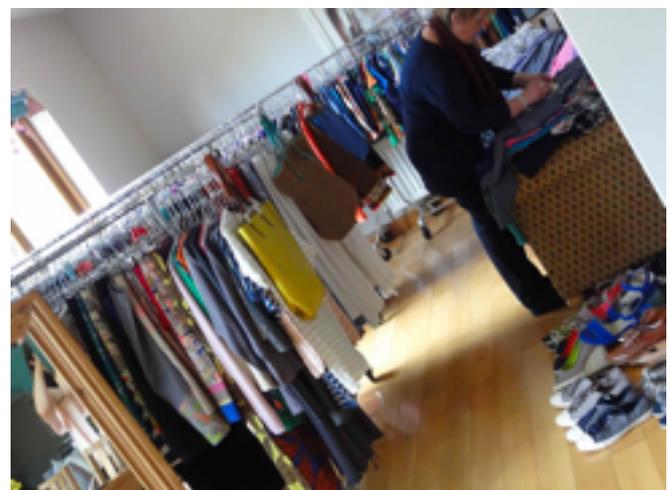
Siemens Poole Community Group held a charity quiz night in April to raise money for Routes to Roots. Their donation of just over £600 was boosted with the help of a raffle.
www.siemens.co.uk/

Meyers Estate Agency has added us to their list of four charities they support. Meyer's clients are able to choose one of the four charities to receive a donation of £50 of the fee for the business they conduct with the Agency. Meyers is also supporting us with fundraising events and through their website and FaceBook.
www.meyerestates.com

Thanks to the continued interest of one of the Trustees, Nick Love of Princetroft Willis, the Ellingham & Ringwood Agricultural Society has again made a generous donation of £1000.
<http://ellinghamshow.co.uk/>

Look Out For...

A Boden clothes party in aid of Routes to Roots – probably some time in September when their new collection comes out. Check our website and FaceBook page for the date and details.





Charity No 1155945

Routes to Roots (Poole) CIO
Office: c/o Skinner Street URC,
Skinner Street,
Poole, BH15 1RQ
Tel: 01202 667880
Email: office@routestoroots.org

Patron: the Right Reverend Karen Gorham, Bishop of Sherborne

Please complete and return to **Routes to Roots (Poole) CIO** at the above address

MEMBERSHIP SUPPORT / DONATION / GIFT AID

Membership year: 1 April – 31 March

£24.00 individual / **£48.00** church/school/business for full year from 1 April

I would like to become a Member/renew my Membership Support of Routes to Roots (Poole) CIO

I would like to make a Donation to Routes to Roots (Poole) CIO of £

I enclose a cheque, made payable to Routes to Roots (Poole) CIO, for £

AND/OR

I would like to make a regular/on-going donation to Routes to Roots (Poole) CIO and have completed the Standing Order Mandate (on reverse of this form)

Name:

Individual / Group (*circle as appropriate*)

Address:

Postcode:

CHARITY GIFT AID DECLARATION

Boost your donation/membership fee by 25p of Gift Aid for every £1 you donate. Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

In order to Gift Aid your donation/membership fee, you MUST tick the box below.

I want to Gift Aid my donation/membership fee of £ _____ and any donations I make in the future or have made in the past four years to Routes to Roots (Poole) CIO.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all of my donations in that tax year it is my responsibility to pay any difference.

Title:

First Name:

Surname:

Address:

Postcode:

Date:

Please notify Routes to Roots if you want to cancel this declaration, change your name or home address, or no longer pay sufficient tax on your income and/or capital gains. If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

STANDING ORDER MANDATE

Page 1 of 2

Making a regular donation via your bank is one of the most convenient and efficient ways of helping us. If you wish to make a regular donation, or if you wish to pay your annual membership support fee this way, please complete this Standing Order Mandate form. We will then send it on to your Bank.

Bank Name:

Bank Address:

Postcode:

Please pay by Banker's Standing Order, cancelling any previous instructions regarding this payee:

Routes to Roots (Poole) CIO, Account No 47668868, Sort Code 30-96-73, Lloyds Bank, High Street, Poole, Dorset BH15 1AJ.

Sort Code:

Account Number:

Building Society Roll No: *(if applicable)*

Name of Account:

Amount: *(Figures)*

Amount: *(Words)*

Date of First Payment:

Frequency:

Continue payments until further notice or until:

STANDING ORDER MANDATE

Page 2 of 2

I hereby authorise you to set-up this Standing Order payment on my account:

Signed:

Date:

Name (Block Capitals):

Address:

Postcode:



MILLION DOLLAR GUYS

“Murray Barr was a bear of a man, an ex-marine, six feet tall and heavyset, and when he fell down - which he did nearly every day - it could take two or three grown men to pick him up. He had straight black hair and olive skin. On the street they called him Smokey. He was missing most of his teeth. He had a wonderful smile. People loved Murray.”

This is the opener to Malcolm Gladwell's article, Million Dollar Murray, which tells the story of one of downtown Reno's most prolific homeless people.

With all Murray's years of heavy alcohol use, police contact several times a day, numerous A&E visits, ambulance trips, failed treatment and custodial sentences, the cost of patching Murray up, without changing his situation, was great.

“It cost us one million dollars not to do something about Murray,” said a local police officer who started to total exactly how much he was costing public services. At one of the two hospitals Murray was often admitted to, he had run up a bill of \$100,000 in six months. That's one hospital. In just six months.

There are people across England just like Murray. Whatever your perspective on whether they deserve Housing First – an approach which gives people a home without any other conditions or expectations – the evidence suggests that it works for them. Stability, safety and intensive support not only helps people stay in housing but also reduces their contact with acute and costly public services.

In Gladwell's article we learn that Murray successfully completed a period of alcohol detox and rehabilitation. He moved back into the community but was left to fend for himself. Unsurprisingly, as for many people with multiple and complex needs, it didn't work.

With support from a Housing First scheme,

he might have been met from rehab by his worker, contacted daily and visited regularly. His sobriety could have been maintained.

Read the full story at:

<http://www.homeless.org.uk/connect/blogs/2016/may/31/it-cost-us-one-million-dollars-not-to-do-something-about-murray>

AND BACK AT HOME

The veteran at risk of homelessness deemed 'not a priority'

Former soldier and human resources professional David Watts currently faces eviction as a result of delays to his housing benefit payments – but his local council has told him they cannot offer him support to prevent him becoming homeless.

After Watts gave up his job to set up a new business, he applied for housing benefit to help with his rent – but mix-ups between the council and the Department for Work and Pensions have left him without rent support for over nine weeks.

He told the Guardian the council told him they could not provide him with advice or help to prevent him being made homeless because he was “not a priority”.

“I said ‘what about if I am homeless?’ They said they still would not be able to do anything because I'm not ‘vulnerable’.

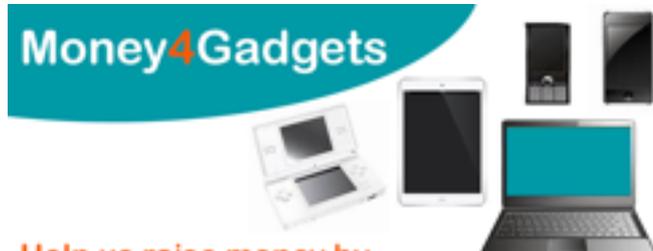
“I was told that as a fit, healthy male I am not a priority and that if I were made homeless I would just have to deal with it as there was no help available to me.

“Council housing teams no longer deem homelessness for males who are fit and healthy and able to work as a vulnerability.”
<https://www.theguardian.com/society/2016/mar/10/homelessness-crisis-ministers-prevention-duty-councils>

Thank you to all who have helped us set up Amos House in Poole and are continuing to support us as we support those we have housed (*see page 6*).



MORE WAYS TO HELP THE HOMELESS



Money4Gadgets

Help us raise money by recycling your old gadgets!

www.rdc-cbs.com/partner/inkinddirect

IN KIND
GIVING BACK TO THE WORLD

Recycle and Donate

The Money4Gadgets' service is a partnership between RDC-CBS, Europe's largest recycler of used electronics, and the charity In Kind Direct to provide charities with the opportunity to raise funds through recycling electronic gadgets. Now you can reduce waste and benefit the environment by recycling your unwanted electronic devices, including mobile phones, tablets, laptops, computers, game consoles and more, and donating their value to Routes to Roots, all through the easy-to-use Money4Gadgets website. It's simple:

- Visit the website: www.rdc-cbs.com/partner/inkinddirect
- Select the item you want to donate and accept the valuation if you are happy with the value quoted
- Click 'Complete my order' then select Routes to Roots (Poole) CIO so that we receive the donation
- The Money4Gadgets' team will send you packaging so you can post your item FREE
- The Money4Gadgets' team will send us the value once they have received your gadget.

Second Chance – Clothing to Help

This new homeless store began operation on 7 March 2016. It is housed in a unit and hopes to offer good quality clothes in different sizes for agencies, such as Routes to Roots, to request for clients. This service will only be available for those working on their issues and turning their lives around as it is intended to be an incentive and boost for these people and help to build their self-esteem. Stocks will include suits, shirts, etc. for interviews.

Any suggestions, comments or donations of clean, quality ironed clothes, please get in touch with AOK Rucksack Appeal.

Collection of **summer clothing only** started on 7 March.

aokrucksackappeal@gmail.com
www.aokrucksackappeal.org.uk/

GIFT AID

The declaration that has to be made to gift aid your membership fee or donation has recently changed and you can find the new declaration form in this newsletter, on our website or obtain a copy from the R2R office.

If you are able to gift aid your monetary support we will receive an extra 25p for every £1 you give. You must be a UK taxpayer and pay more Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all of your donations in that tax year.

In 2014-15 we received a whopping **£3058** as a result of Gift Aid.

<http://www.routestoroots.org/updates/>

.....
We'd Like to Tell You a Story...

...the story of Routes to Roots.

We can come and speak on any day, to all ages, in all places. We have a set of five banners donated by Quadrant2Design to bring along and two short videos on our work.

Please contact us to arrange a visit.

Tel: 07901 387643 / 01202 667880

Email: office@routestoroots.org

AT THE ALLOTMENTS

R2R clients Sid, Michael and David are back at Holton Lee, bringing our allotment back to life after a period of quiet because of illness. The guys have been busy digging over the ground and preparing for seeding and planting. David wants to give back to Routes to Roots

because we have been giving to him. Michael says he wants to get fitter and enjoys the digging.

Sid is holding a donation of seeds from the Kew Grow Wild project and will be putting these in as a border around the edge of the plot. When he did this last time, it proved a very good deterrent to pests on the vegetables - we hope it will be just as good again.



VOLUNTEER TRAINING



In March Trustee Kate Mellor organised two training days for R2R volunteers and others volunteering in the Poole homeless community.

Andrew Teale (pictured right) of Poole Addictions Community Team, who now conduct weekly outreach at our afternoon drop-ins, spoke of the work being done by his team. Richard Bristow of Poole Citizens Advice, who also hold outreach sessions at our drop-ins, talked of the problems handled by his group; and information was provided by the Poole & Bournemouth rough sleeper team on the root causes of homelessness.

R2R volunteers were given a copy of the charity's updated Volunteer Handbook, which is now available on the charity's website.

You CAN Help Us

For information about becoming a member, volunteering or making a donation please visit the R2R website.

Annual membership, from April to March, costs only £24 for an individual or £48 for a Church, School or Business (pro rata if you join during the membership year).

Membership, donation, standing order and gift aid form: <http://www.routestoroots.org/updates/volunteering-membership>

Volunteer application forms: <http://www.routestoroots.org/updates/volunteering>