

KEY SERVICES TO CLIENTS

**Twice
Weekly
Evening
Drop-Ins**

Drop-In sessions provide a safe environment for people to meet and talk, which allows everyone to build relationships with trust. A hot meal and hot and cold drinks are provided at each session. Clothing, sleeping bags, and move-in packs for those moving into accommodation are also provided, as needed. A volunteer chiropodist provides care on Fridays.

**Twice
Weekly
Afternoon
Motivational
Drop-Ins**

Afternoon Drop-Ins provide an environment for creative projects, guidance, and support. Their aim is to help the participants move on from meeting their most basic needs into 'normal' society that would include housing and independent living. They are dedicated to practical matters with the involvement of other people and agencies, such as the drug and alcohol action teams, Poole CAB, mobile dentist, community nurse, hairdresser and someone to provide financial advice, and to wellbeing, involving such activities as art, photography, drama and guided walks. A sandwich lunch and hot and cold drinks are provided.

**Client
Support**

R2R provides individual client support for benefit claims, calls to agencies, doctors, landlords, etc., and one to one professional counselling and referrals to other support agencies. In addition clients are given access to a landline telephone, computer and postal care of address.

**Holton Lee
Outdoor
Volunteering**

Since summer 2012 Routes to Roots has worked in partnership with Holton Lee, near Poole, a Site of Special Scientific Interest. Its clients were involved initially in ground clearance activities across the site and then included in the launch of Holton Lee's Project Flourish established in January 2013 to engage with disadvantaged groups across Dorset. Following its successful involvement in Project Flourish, R2R continues to select clients to take up places that become available as the initial volunteers complete their commitment. In 2013, R2R became an allotment holder at Holton Lee. Undertaking these activities helps R2R clients to build on their team working and social skills as well as developing land-craft and horticultural skills, all of which improves their CVs.

**Hot
Breakfast
for Rough
Sleepers**

Since 2010 R2R, in partnership with The Fisherman Café on Poole Quay, has provided rough sleepers with a cooked breakfast during the winter months. In 2015-16 we provided 901 breakfasts over 18 weeks, assisting 52 individuals.

**Supported
Housing**

In 2015, thanks to the support of a national Christian social enterprise, Green Pastures, R2R became able to offer its first supported accommodation and has taken three of Poole's rough sleepers off the streets.